

ERASMUS+ PROGRAM KA2 – COOPERATION FOR INNOVATION AND THE EXCHANGE OF GOOD PRACTICES STRATEGIC PARTNERSHIPS FOR YOUTH

**Codice del progetto:** 2016-I-IT03-KA205-007935. **Durata del progetto:** 01.09.2016 – 31.08.2018.

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**GOOD PRACTICES** 

"Youth 4 Youth"







# 2012

IS A ... training awareness program **PEER EDUCATION** for youn people in formal and no formal education contexts.

PROMOTE
AWARENESS IN
THE
PREVENTION
OF GENDER
VIOLENCE
THROUGH
EDUCATION

PREVENTION measures in school, in other educational centres and in contexts where there is the gender socialization.

OFFERS ... the foundations for the *CREATION OF INTERVENTIONS* (as the manual) by addressing the couses of gender violence to the root as soon as possible.



# IS... A transnational project:

- Co-finaced by the Daphne III Program of the European Commission.
- Coordinated by the Mediterranean Institutute of Gender Studies (MIGS).
- Developed with the help of five young people from European Union Countries - Cyprus, Spain, Italy, Greece and Lithuania (and with support from their respective schools and partner oranizations of the project).

### Partner organizations:

 European Anti-Violence Network (EAVN), Grecia





 Centre of Research in Theories and Practices that Overcome Inequalities (CREA), Università di Barcellona, Spagna

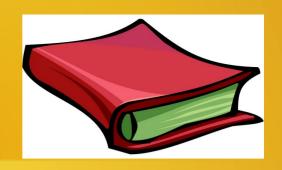








# THE MANUAL



- It is a guide to the implementation of the youth4youth program in school or in youth centers.
- It contains complete information on the theoretical and practical framework of the program, planning session, resources for activities and assessment tools.
- The program can be offered globally or partially (stores the content can be presented in an indipendent manner and incorporated according to the requirements of the training).
- As an important contribution to the fight against gender violence.
- It is a valuable tool for teachers and trainers of young people in their continued efforts for more just and pacefful and fairer world.

## PREMISE...



#### Purpose of...

- Clarify the issue of gender violence among adolescents.
- Generate a great deal of information on how young people think and act in relation to their gender identity and their relations.
- Create the basis for the final outcome of the youth4youth projects: THE MANUAL.

## PURPOSE: THE CHANGE

- AFFECT THE SPECIFIC RISK FACTORS (INEQUALITY, TRADITIONAL CONCEPTS, STEROTYPES, ETC...).
- . CHANGING ATTITUDES RELATED TO CERTAIN CONVICTIONS.
- . START TO THEMSELVES TO CHANGE THINGS.



#### **AIMS: PROMOTE AWARENESS**

- Knowledge and understanding
- Self-respect and the other.
- . Empowerment.
- Provide formal and no-formal educators.
- Promotion on 'equality based relationship tolerance and respect.







# Recipients: girls and boys aged between 14 and 18 years

More than 2.300 young people have partecipated in a research study which it sought to identify transnation trends youth againt stereotypes relating to gender and violence.



350 other young people, from the five partecipating countries, took part in awareness session and training of youth4youth project, of which 200 have voluntarily decided to become PEER EDUCATOR by offering a training service to more than 1000 peers in their school.

This shows that the project can be easly adapted and replicated in countries around the world.

# FUN AND INTERACTIVE EXPERIENTIAL METHODOLOGIES THAT PROVIDE:

- . ROLE PLAYING
- ACTIVE LABORATORY
- QUESTIONNAIRES
- . BRAINSTORMING
- . BUZZ GROUPS
- . GROUP DISCUSSIONS



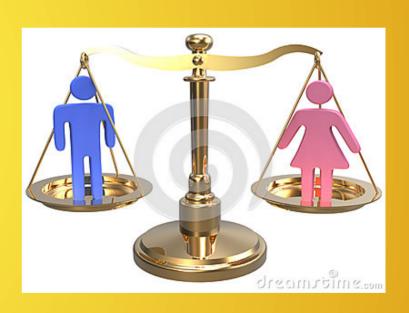
# TO LEARN WITH PEER EDUCATION

- Direct involvement in the experience of change.
- It gives young people a "voice".
- Positive Leadership.
- Young people themselves become accountable models for change.
- It fosters communication the and empathy.



## **5 WORK SESSIONS**

- 1) Gender roles.
- 2) Gender violence in schools.
- 3) Gender violence in intimate relatioship.
- 4) Training for peer educators.
- 5) Session of peer education.



## Laboratory

It is expected as follow up activity for the creation of: posters, short films, theater, songs, etc...



#### RESULTS

- It provide skills, attidudes and knowledge.
- Comparisons pre and post questionnaires.
- Decrease of cases of violence.



# FURTHER ACQUISITIONS FOR PEER EDUCATORS

SKILLS: planning, preparation, time management, search, pubblic speaking, ecc..



ATTITUDES:
leadership, self
esteem, motivation
towards positive
activities

KNOWLEDGE: deeper understanding, understanding of strategies to design a positive change, teaching methodologies and facilitation techniques.

# MONITORING AND EVALUATION

- Measure the impact of the program.
- . Improve the program.
- Make sure that the peer educators recive feedback.
- Evaluation questionnaire.

